

Women into nature is a new project for Eveyday PLAY! Testing the interest for future sessions...

Jo is the lead practitioner and owner of Everyday PLAY! She offers a Forest School approach mixed with outdoor play, allowing choice and decision making, time to try new challenges such as learning to light the campfire, cook on the fire and use simple tools.

Jo has lots of ideas of creative and messy things she'd like to do and try but finds that some are too complicated for kids free play. What she really wants to set up is a community of like-minded women who enjoy being outdoors in nature and also like to fiddle and experiment with things! After chatting to a few parents from Forest Play sessions, she discovered that she had a few already there so we're testing this out over the autumn to see if there's an interest in long term Forest School for grown ups!

27.09.25 & 30.9.25 Two Sessions, a Saturday and a Tuesday for messing around with pigments, plants, natural materials to create paints, inks and dyes (this might start a whole new celf yn yr coed project if it goes well!). Come to both if you want to, there will be plenty of time to test out and try new things at both sessions.

14.10.25 A Tuesday for messing around with foraged flora - I'm aiming for Sloes but we might end up with plantain balm if they're not ready! Either way, there will be foraging and cooking in some form or another!

Activities are aimed at adults (over 16s) but some parents wanted to bring their kids along so for now you are welcome to bring children if you think they'd enjoy the activity. We'll test out how well this works for everyone. Sometimes kids bring an added inspiration!

Please note that these sessions are not aimed at offering free play for children while adults get creative.

Cors Ian, Lledrod is a local nature reserve owned by the Wildlife Trust of South and West Wales. It is completely outdoors but we do have shelter sheets up for wet weather. Dress for the weather, bring layers of extra clothing- it's always cooler in the woods! Wellies are often essential for exploring if it's been wet!

£12 per person or book or 2 places on the same session for £20.

If you want to block book for all 3 for £30, get in touch with Jo to arrange this via bank transfer