

BACK TO SCHOOL WITH NECESSARY EVIL KICKSTART RESOURCES



Read

Challenge Rating

- Lessons in Courage, Care, and Collective Action
- Alexander Solzhenitsyn: Live Not by Lies
- David Graeber: A practical utopian's guide to the coming collapse



Watch

Challenge Rating

- Andrewism: The Psychology of Collapse (20:26)
- There was no hope: Warsaw ghetto uprising (29:40)
- Dionne Brand: Writing Against Tyranny & Toward Liberation (15:27)



Listen

Challenge Rating

- Thich Nhat Hanh: Living with all the Madness (8:49)
- Building Resiliency with Margaret Killjoy (55:44)
- An Anarchism of Despair w/ Cindy Barukh Milstein and Shuli Branson (55:53)



Do

Challenge Rating

- *Journal*: When do you feel the most free?
- *Move*: Stop doomscrolling & take a 15 minute walk
- *Act*: Find a neighborhood mutual aid project. Commit to attending an action in-person at least 1 time this month.



Want more?

- Make sure you're signed up for the newsletter to get free resources and analysis every week 🐱
- Check out upcoming events where you can learn to dissect political developments and discuss them with confidence
- Reach out for 1:1 political peer mentorship support